Erasmus +: Digital Inclusion

Digital Inclusion

Transforming and Internationalizing Schools through Technology

Good practices collection

Prepared by Prepared by 13th Primary School of Trikala

Aim of the project:

To extend and develop educators' competencies, including their digital skills and knowledge of ICT tools, to create an inclusive classroom climate.

Aim of the collection of good practices:

To share the different good practices to improve the academic results and motivation in our pupils.

MENTAL HEALTH AWARENESS: IT IS OK NOT TO BE OK	
Good practice description	**Objectives** (Knowledge): Recognize their feelings and the feelings of others. (Composition): To produce structured digital material. It can be used for mixed class, for instance classes that includes students with Learning Disabilities and Behavioral Problems For this practice, firstly we watch the movie "Inside Out". Then we get to know the heroes of the film by recognizing the emotions they express through the poster of the film. We ask our students to express their own feelings for the current day by "voting" through Mentimeter. Then we create the concept maps of the emotions (using Wordart or Canva) through the brainstorming technique. We make sure that each child says the first word that comes to mind on each emotion.
Level	Local level
School subjects it deals with	Greek Language, Theatre, Skills Workshop
Country	Greece
Name of the Institution	13th Primary School of Trikala
Type of institution involved and main functions	Primaty schools
Involved target group	Students (6-12 years old)

Main challenges key success enabling factors	**Main challenges**: The students may not understand the movie or maybe the teachers don't have enough time to show the movie. Also, the older children may not be interested in this movie. For this reason, we can show them another movie which deals with emotion or a short- animation movie. **Key success**: mental health awareness, digital inclusion, creative thinking **Enabling factors**: The movie, the tools that are easy to work with.
Lessons Learnt and Recommendations	**Lessons learnt:** Mental health, feelings, digital tools **Recommendations**: If the children have already watched the movie, they can suggest one or the teachers can show a specific part of the movie
Tool / tools used for self-evaluation	Interview of the teachers the concept maps that the children created, questionnaire
Visual elements	https://www.mentimeter.com/ https://www.youtube.com/watch?v=dOkyKyVFnSs&ab_channel=LaiaGarcia